

# 15th Annual Falcon Youth Wrestling Tournament

Whitney High School – Rocklin CA

## Varsity is a TOC Qualifier

Girls, JV and Elem Divisions **Saturday, February 1, 2025**

**Entry Fee \$28**

Registration and pre-payment through Trackwrestling

**REGISTRATION:** Registration for the tournament will be through trackwrestling.com. The **last day** to register for the event will be Wednesday, January 29th, 2025 at 9:00pm.

### **Link to Register**

Coming soon

- **TOC VARSITY WEIGHT CLASSES:** 76, 83, 89, 95, 100, 103, 108, 112, 116, 122, 128, 135, 142, 153, 168, 185, 205, 250 (new max weight)
- Wrestlers over 250 pounds can register for an exhibition class providing others register
- All other divisions will be pooled in pools of 5/6.
  - Girls (Elem girls recommended to enter in Elem divisions)
  - JV including middle school novice
  - Elem 9 and older
  - Elem 8 and under
- Medals to all Participants
- Trophies to Varsity TOC Qual Champions
- Wrestlers may wrestle in 2 divisions by registering twice and paying 2 registration fees. Varsity TOC single bracket registration only.
- Great Facility – 2 side by side gyms–17 mats
- Map of Facility:  
[https://docs.google.com/drawings/d/13Yf0l\\_RNz\\_byzt2M2oz6lBo\\_rNvoLfliHxNgkHbP5CA/edit?usp=sharing](https://docs.google.com/drawings/d/13Yf0l_RNz_byzt2M2oz6lBo_rNvoLfliHxNgkHbP5CA/edit?usp=sharing)
- All Wrestlers will be grouped in 1 of 4 sessions and wrestle all matches on the same mat
  - 8-10AM Elementary and JV,
  - 10AM-12PM Elementary and JV
  - 12PM-2PM Elementary and JV
  - 12PM-5PM Varsity and MS Girls,
  - Varsity will start at 12:00Pm on Mats 1-6 and will run until completed with estimated finish time for Varsity 5:00PM PM depending on entry numbers
- Wrestlers will be assigned a pool, mat and a session by Friday at the latest
- Session Times, Pool and Mat Assignments will be available on Track Wrestling when completed on Friday

- Other than Varsity Wrestlers will wrestle all matches on one mat in a 2 hour session then can leave They will wrestle every 20 to 30 minutes

Coaches Meeting –7:45 am Concessions stands will be open all day-  
Coaches will need wristbands to coach in the corner and enter the coaches' lunch.

- 1 wrist band per team
- 2 wrist bands for 10 or more wrestlers
- 3 wrist bands for 20 or more wrestlers

Additional wristbands \$15.00 will be sold at the entry door.

#### Weigh-in Information

All **varsity** will need to **weigh in** at an official weigh in either **Friday night** or at Whitney High School from 7:00AM to 8:00AM on **Saturday Morning**.

#### **Proposed Friday Night Satellite Weigh Ins -**

**Coaches wishing to host weigh-in please text or email Ken Klein**

- Springview Middle School 5:00pm to 6:00pm **(to be confirmed)**
  - 5040 5<sup>th</sup> Street, Rocklin
- Jepson Middle School 5:00pm to 6:00pm **(to be confirmed)**
  - 580 Elder street Vacaville
- Folsom High School – 5:00pm to 6:00pm **(to be confirmed)**
  - Wrestling Room 1655 Iron Point Rd, Folsom, CA
- Albani Middle School- Elk Grove **(to be confirmed)**
  - 9140 Bradshaw road. Elk Grove, Ca 4:30-6:00 on Friday night
- Durham High School Wrestling Room **(to be Confirmed)**  
9455 Putney Drive Durham, CA 4:00 to 5:00pm - Wrestling Room

**Saturday Morning Weigh-in Whitney High School** from 7:00 am to 8:00am

**Weigh-Ins All other Divisions** – Coaches please weigh in all your wrestlers (Tuesday Evening or later) and have them use their actual weigh-in weight to the 10<sup>th</sup> of a pound when registering on Track Wrestling. Any wrestler who appears to be heavier than their registered weight may have their weight checked at the tournament and must be close to the registered weight. Please no cutting weight for the pooled divisions.

Admission \$10.00 Kids 10 and under free

Headgear required for Varsity and mouthpieces for those with braces mandatory

Whitney High School 701 Wildcat Blvd. Rocklin, CA 95765

**Contact Ken Klein for More Info**

Email- kenshasta@gmail.com

Text- 916-295-9851